



CHILDREN & ADULTS WITH
ATTENTION-DEFICIT/
HYPERACTIVITY DISORDER

AD/HD Support Group Meeting

Tuesday, January 14th @ 6:00-7:30pm

Northwest Regional Library
3151 N. University Drive Coral Springs
Room #222 (second floor)

Your speaker for the evening: **Mark Halpert of 3D Learner**

Go to www.3dlearner.com for more information or call 561-361-7495

Mark Halpert will lead a discussion on how you can significantly reduce homework time and stress for your child with ADHD, reduce anxiety for your child and you and build your child's self-esteem. Mark will share how to:

- Create a win-win-win system with your child's teacher, your child and you
- Use a visual schedule to reduce both homework time and stress
- Control your stress level and your child's
- Deal with math word problems – that are more difficult than ever

Mark is an experienced advocate, parent and CHADD board member. Mark is a Recovering Screamaholic. Mark is also a goal setter and will provide ways to work more effectively with your child and child's school to maximize results.

CHADD CARES

CHADD works to improve the lives of people affected by AD/HD through:

Collaborative
Leadership

Advocacy

Research

Education and

Support



For more information:

Visit our Facebook page-North Broward CHADD or contact the volunteer coordinator, Nicole Vredenburg, @ 754-229-5716 or email north-broward@chadd.net

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD), is a national non-profit, tax-exempt [Section 501(c)(3)] organization providing education, advocacy and support for individuals with ADHD. In addition to our informative website, CHADD also publishes a variety of printed materials to keep members and professionals current on research advances, medications and treatments affecting individuals with ADHD.

CHADD does not endorse, recommend, or make representations with respect to the research, services, medication, treatments or products on the website.

CHADD

a non-profit organization
www.chadd.org

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