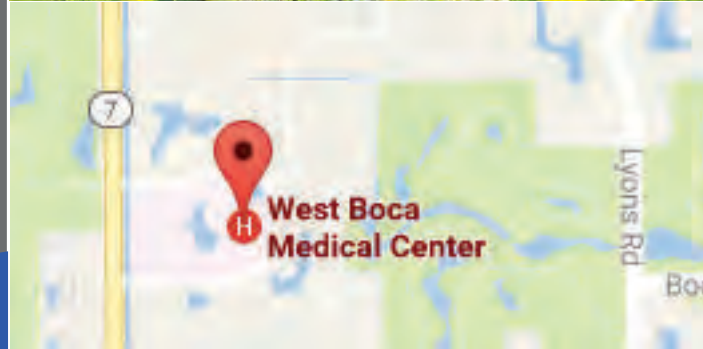




BARIATRIC SURGERY HAS TRULY SET ME FREE



KAHLIL A. SHILLINGFORD, M.D. PA Bariatric Surgery

Dr. Shillingford, MD, PA, is a general surgeon who specializes in advanced laparoscopic and obesity surgery. He is board certified by the American Board of General Surgery, has the distinction of being a Center of Excellence surgeon, and is certified in daVinci Robotic Surgery. Dr. Shillingford performs bariatric surgery (including gastric sleeve, gastric bypass, lap band surgery, and revisional surgery) and general surgeries (including hernia surgery, appendectomy, cholecystectomy, colectomy, polypectomy, and other gastrointestinal surgeries). Recently, Dr. Shillingford has taken on the title of Program Medical Director at Northwest Medical Center's Center of Excellence for Bariatric Surgery, one of the few hospitals in South Florida to achieve such recognition. Dr. Shillingford believes strongly in keeping up with the latest advances in technology, such as robotic assisted surgery, to provide the best possible surgical and recovery experience for his patients. With over 4,000 bariatric procedures performed, Dr. Shillingford has demonstrated he is a leader in his surgical field.

Dr Shillingford is a board certified general surgeon with fellowship training in weight loss surgery. He attended the University of Michigan for medical school and completed general surgery residency at the University of Maryland. His fellowship was at Cleveland Clinic Florida in Advanced Laparoscopic and Bariatric Surgery.

Please call for an appointment or to find out about our information session or support group.
(561) 483-8840

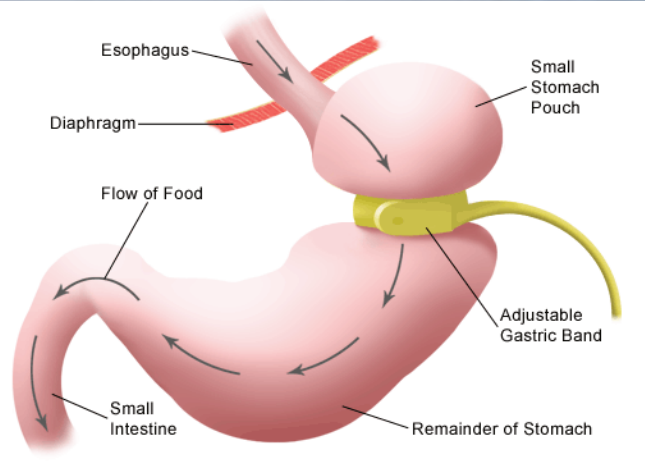
Kahlil A. Shillingford MD PA

9960 Central Park Blvd N
Suite 235
Boca Raton FL, 33428

Phone (561) 483-8840
Fax (561) 483-3342
www.drshillingford.com



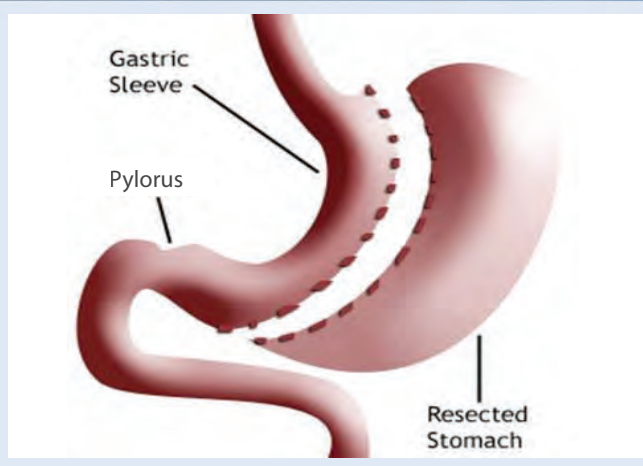
Adjustable Gastric Band



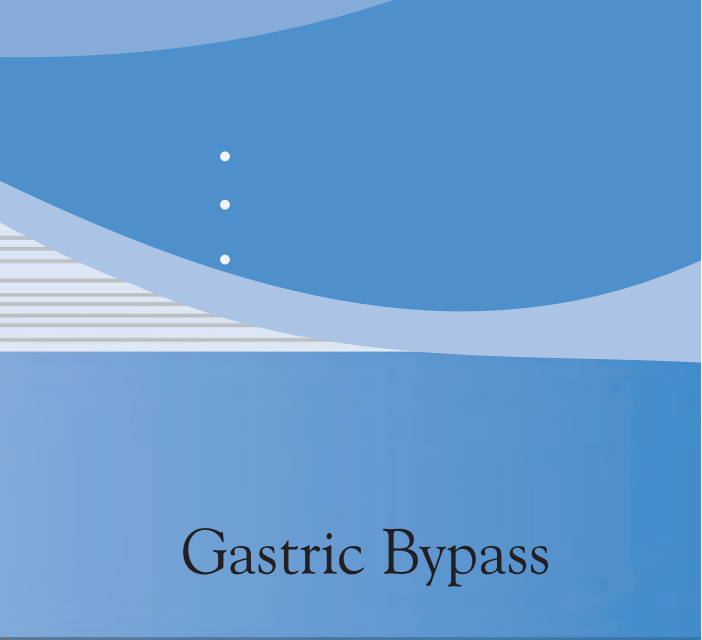
The band is placed laparoscopically (using multiple small incisions) around the top of the stomach and restricts the amount of food that can be consumed. The "lap band" leads to feeling full quicker with less food consumed.



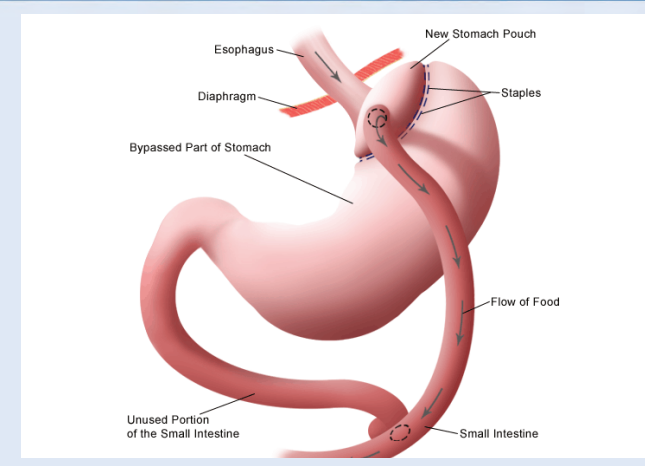
Gastric Sleeve



The gastric sleeve is a laparoscopic procedure that divides and removes most of the stomach. The remaining stomach/"sleeve" holds far less food and leads to feeling full with much less consumed.



Gastric Bypass



The laparoscopic gastric bypass involves creating a small pouch and connecting it directly to the middle portion of the small intestine (jejunum), bypassing the rest of the stomach. This results in weight loss due to less food being consumed and less calories being absorbed.